

Dr. *Leslie* KORN

What is the Process of Becoming My Client?

Following your initial inquiry, I will assess if I think we should proceed to an initial 1 hr. assessment. This is based solely upon if I believe I can be of help to you.

Before setting up an appointment I encourage you to read or peruse my books, Nutritional Essentials for Mental Health, or Rhythms of Recovery, so you have an idea of what my approach is to health. I also have other books which may be of interest and value to you on my website.

If your goal is to reduce or eliminate medication, I will require written permission to connect briefly either with your prescriber or therapist. I will send you a release form for this.

The initial assessment is 60 minutes. Prior to the assessment you will send me paperwork, which I provide to you in advance, via a secure email.

At the end of the initial 60- minute assessment I will have recommendations for next steps.

This might include lab tests, and a recommendation to develop a customized nutritional therapy plan that might include food, nutritional and herbal supplementation and detoxification strategies.

Please note: I cannot be your primary provider but I will educate you (and your other clinicians should you request) and support your current system of care to enhance the effects of current strategies or to assess alternatives.

Following the return of all your lab reports (usually with 2-3 weeks) I will complete my analysis and design a plan, write a clear, complete report and then we will schedule a time to talk on the phone and review your lab tests and the plan. This generally requires about 75-90 minutes.

I will provide you with links to access any nutritional/herbal products you need, as I use only pharmaceutical grade resources.

Once you begin your program, I am available via secure email for quick simple questions as you proceed and progress, however I encourage a more formal “coaching for change” check-in every two weeks in the beginning or as you feel you need.

I look forward to supporting your journey to optimal wellness.

Fees

Initial phone assessment/consultation/history 1hr. \$225.00

Follow Up Visit 1 hr. \$175.00

Nutritional Program Development, Report Review Consultation 75 minutes \$725.00

Health Coaching 30 minutes/ \$90.00/ 1 hr. \$175.00

Lab tests

Tissue Mineral Analysis (Hair sample: metabolism, minerals/ /heavy metals \$ 130.00

Salivary Adrenal Stress 24 hr. test \$150.00

Salivary Food Allergy Test: (gluten/gliadins, eggs, soy) \$150.00

Salivary Genetic Nutritional and Fitness Test 395.00