



Dr. Leslie Korn

Welcome to my practice

I am delighted to have you join my practice. I take pride in health problem-solving and delivering compassionate attention to you.

Please read below to understand and begin the process.

Process

Make an Appointment

If you are interested in becoming my patient/client, please send an email to drleslie@protonmail.com and tell me a little about yourself and the major health concerns you want to improve. If your goal is to reduce or withdraw from medications, let me know that as well.

Scheduling

When you request an appointment, your email will reach both me at drleslie@protonmail.com and my assistant Alex at dkorn@protonmail.com. Please add both these email addresses to your contacts, since Alex will get you set up with your appointment and answer any administrative questions.

Appointment Schedule

My schedule currently runs about 6-8 weeks in advance, though I can place you on a cancellation waitlist if it's urgent.

Most of my current appointment openings for new clients run are between 1 pm and 4 pm Central Time, with an occasional Saturday appointment available.

Fees

Please read all of this carefully and let us know if you have any questions.

Following confirmation of an initial 75-minute Zoom appointment, my office, Health Alternatives, LLC, will send to your email address a request for payment from PayPal. You may use PayPal or a credit card with the link we sent. We also use Square as an alternative. If you need to use another system of payment, let us know.

You should make this payment within 48 hours to hold your appointment time. If it is not paid, it automatically cancels.

When you make an appointment, you will be billed **1645.00.usd**



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This payment includes the following services:

- ⌘ Initial Assessment/Consultation/History (75 minutes).
- ⌘ Integrative Health and Nutritional Program Development, a report I write for you (Dr. Korn's time includes current labs review, protocol design, detox recommendations, etc. 2-3 hours).
- ⌘ Follow-up appointment to review your written report, findings, recommendations, and answer questions (60 minutes).

Upon receipt of payment, you will receive from my office:

- a) A confirmation and encrypted email which safeguards your information.
- b) A link to paperwork, where you can also upload any other tests and records.

Paperwork and Lab Tests

Please return your initial paperwork and any previous labs, at least 3 days before your appointment.

Paperwork

Your paperwork will include an Intake Form, Service Agreement, a Food Mood diary you will fill out over 2-3 days and, Release of Information (for each provider you want me to consult with),

Lab Tests

Upload any lab tests that you have done within the previous 3 months, including serum Vitamin D tests, CBC, metabolic panels, etc.

We may schedule some tests before or following your first appointment, and I will advise you of those lab fees if your insurance does not cover them. I will explain to you why I recommend labs. Some you may order directly, others my office can send directly to your home.

Appointments

Our First Appointment

During our first appointment I will get to know you, ask additional questions based on your intake form, and share some initial ideas and approaches. On rare occasions, if you request only a simple consult, a review of an existing protocol or a second opinion, one visit is enough. (See below under single consultation or second opinion.)

Following Our First Appointment

I will develop a comprehensive, personalized plan for you, including suggestions for additional testing, if required. I will advise you of what I think is ideal for you, and then we will proceed at the pace you feel most comfortable.



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Second Appointment

During our second appointment I discuss your report and lab findings, answer questions, and work with you to define a process that enables you to carry out your health plan successfully. I will provide specific recommendations via Fullscript, a one stop-shop where I can recommend pharmaceutical-grade nutrients and herbs that are delivered to your door.

Following Our Second Appointment

Following our second appointment and discussion of your report and my recommendations, I am available to you as needed for quick questions via email at no additional cost. I encourage you to let me know how you are doing and how your plan is working.

My goal is your success. The fees for this contact are built into your initial payment.

If your question or concern requires a longer discussion via phone or Zoom, I bill in 1/2 hr. increments at **\$225/hr.**

Scheduling Follow-Up Appointments

In my experience most people benefit from a minimum of a 1-hour “check-in” every 3 months. However, when you are just getting started, or if your plan includes withdrawing from medications, you may prefer to connect every week, every few weeks, or monthly. I tailor our work to your needs and we will plan this together.

Single Consultation or Second Opinion

If you are seeking only a second opinion or a single consultation, or you are not yet sure if you want to dive in, you may make this specific request in your email. This fee is **445.00 for 75 minutes.** If following this consult we decide that you will benefit from a comprehensive plan then this fee will apply toward the intake and total fee outlined above.

Other Items to Note

Zoom

I provide you with your own personal Zoom link that remains the same for our work together. Please store it for use.

Recommendations

Most though not all my nutritional and herbal recommendations will be found on Fullscript, as mentioned above. I suggest only pharmaceutical-grade products. My office will set up an account for you there. I do not make money from any product I recommend to you. I am also not interested in you spending money on useless tests or unnecessary supplements. If you already have some favorite products you use, I can evaluate them and see if they will serve.



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Coming off Medications

If one of your goals is to reduce or eliminate specific medications, we will discuss this at our initial appointment, and I will create a Taper Plan with you. I will need to have your permission to communicate with your prescriber and coordinate any plans with them. If you do not have a prescriber on board with your taper, I will do my best to help you locate one.

My Books

I encourage you to read one of my books: Nutritional Essentials for Mental Health (textbook), the Good Mood Kitchen, or Eat Right, Feel Right, so you have an idea of my approach to mental health.